

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Spokane County

What is your age?

n = 676

18 - 34	30.9%	(± 4.2%)
35 - 54	36.9	(± 4.1)
55 - 74	23.3	(± 3.3)
75+	9.0	(± 2.2)

Gender

n = 676

Male	43.3%	(± 4.4%)
Female	56.7	(± 4.4)

Which one of these groups would you say best represents your race...

n = 669

White	94.5%	(± 1.9%)
Black or African American	0.9	(± 0.8)
Asian	1.7	(± 1.2)
Native Hawaiian or Other Pacific Islander	0.0	(± 0.0)
American Indian, Alaska Native	1.6	(± 1.0)
Other race	1.1	(± 0.9)
No preferred race	0.1	(± 0.3)

Are you Hispanic or Latino/Latina?

n = 676

Yes	4.4%	(± 1.9%)
No	95.6	(± 1.9)

Marital status

n = 675

Married	57.7%	(± 4.2%)
Divorced	11.4	(± 2.2)
Widowed	7.1	(± 1.8)
Separated	1.0	(± 0.8)
Never been married	17.5	(± 3.7)
Or a member of an unmarried couple	5.3	(± 2.1)

How many children less than 18 years of age live in your household?

n = 675

None	58.6%	(± 4.2%)
1	18.5	(± 3.5)
2	13.8	(± 3.1)
3 or more	9.1	(± 2.3)

What is the highest grade or year of school you completed?

n = 676

Some high school or less	5.8%	(± 1.9%)
High school graduate or GED	25.6	(± 3.9)
Some college or technical school	37.4	(± 4.1)
College graduate or more	31.1	(± 3.9)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .

n = 675

Employed for wages	50.0%	(± 4.3%)
Self-employed	7.4	(± 2.2)
Out of work	5.3	(± 1.9)
Homemaker	7.3	(± 2.0)
Student	5.9	(± 2.3)
Retired	17.6	(± 2.9)
Or unable to work	6.6	(± 2.1)

Annual household income from all sources

n = 606

Less than \$20,000	15.4%	(± 3.4%)
\$20,000 to less than \$50,000	52.4	(± 4.5)
\$50,000 or more	32.2	(± 4.2)

Have you smoked at least 100 cigarettes in your entire life?

n = 1124

Yes	50.3%	(± 3.3%)
No	49.7	(± 3.3)

Among those that have smoked at least 100 cigarettes in their entire life:**Do you now smoke cigarettes everyday, some days, or not at all?**

n = 577

Everyday	35.3%	(± 4.4%)
Some days	10.6	(± 2.9)
Not at all	54.1	(± 4.6)

Among current smokers:**During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?**

n = 248

Yes	55.3%	(± 7.2%)
No	44.7	(± 7.2)

Current cigarette smoking prevalence:

n = 1123

(every day or some day smokers among the whole population)	23.1%	(± 2.9%)
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Among those that have smoked at least 100 cigarettes:**Did you smoke any cigarettes during the past 30 days?**

n = 339

Yes	48.6%	(± 6.0%)
No	51.4	(± 6.0)

Among those that have smoked in the past 30 days:**On how many days of the past 30 days did you smoke cigarettes?**

n = 159

Less than 30 days	29.0%	(± 8.1%)
30 days	71.0	(± 8.1)

Among those that have smoked in the past 30 days:**On average, about how many cigarettes per day do you smoke, on the days that you do smoke?**

n = 160

Average:	13.7	(± 1.9)
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Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 669
Yes	19.6% (± 3.7%)
No	80.4 (± 3.7)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 105
None	76.5% (± 10.1%)
Less than 30 days	12.7 (± 7.4)
30 days	10.7 (± 8.2)

Current smokeless tobacco prevalence:	n = 669
(any use in past 30 days among the whole population)	4.6% (± 2.3%)

Do you currently smoke tobacco in a pipe?	n = 668
Yes	0.8% (± 0.8%)
No	99.2 (± 0.8)

In the past month, have you smoked a cigar, even just a puff?	n = 669
Yes	6.4% (± 2.4%)
No	93.6 (± 2.4)

In the past month, have you smoked bidis?	n = 669
Yes	0.5% (± 0.7%)
No	99.5 (± 0.7)

In the past month, have you smoked clove cigarettes?	n = 668
Yes	0.6% (± 0.7%)
No	99.4 (± 0.7)

Current tobacco use (all types of tobacco)	n = 669
Current daily tobacco user	29.8% (± 4.0%)
Current non-tobacco user	70.2 (± 4.0)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 179
Within the past month (less than 1 month ago)	1.3% (± 2.4%)
Within the past 3 months (1-3 months ago)	2.7 (± 3.5)
Within the past 6 months (3-6 months ago)	1.3 (± 1.9)
Within the past year (6-12 months ago)	5.7 (± 4.6)
Within the past 5 years (1-5 years ago)	12.7 (± 5.5)
Within the past 15 years (5-15 years ago)	28.2 (± 7.5)
More than 15 years ago	46.2 (± 8.1)
Never used regularly	1.9 (± 2.0)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 167

Average: 17.6 (± 2.1)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 183

Yes 18.4% (± 6.8%)

No 81.6 (± 6.8)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 184

Yes 1.0% (± 1.5%)

No 99.0 (± 1.5)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 183

Yes 27.3% (± 7.7%)

No 72.7 (± 7.7)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 340

Strongly agree 44.1% (± 6.0%)

Somewhat agree 20.1 (± 5.2)

Somewhat disagree 18.9 (± 4.8)

Or strongly disagree 16.9 (± 4.5)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 336

Within the past year (1-12 months) 42.0% (± 6.1%)

Within the past three years (1-3 years) 3.8 (± 2.3)

3 or more years ago 24.8 (± 5.1)

They never advised me to quit 29.4 (± 5.5)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 344

Within the past year (1-12 months) 28.3% (± 5.5%)

Within the past three years (1-3 years) 5.8 (± 2.6)

3 or more years ago 18.4 (± 4.6)

They never advised me to quit 47.5 (± 6.1)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?			n = 344
Within the past year (1-12 months)	10.7%	(± 4.3%)	
Within the past three years (1-3 years)	2.9	(± 1.6)	
3 or more years ago	6.4	(± 3.1)	
They never advised me to quit	80.0	(± 5.2)	

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 192
Yes	39.2%	(± 7.9%)	
No	60.8	(± 7.9)	

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?			n = 309
0	11.5%	(± 4.8%)	
1-2	47.4	(± 6.4)	
3-5	23.7	(± 5.3)	
6 or more	17.4	(± 5.0)	

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 658

Within the past year (1-12 months ago)	79.7%	(± 3.6%)
Within the past two years (1-2 years ago)	8.1	(± 2.5)
Within the past 3 years (2-3 years ago)	3.6	(± 1.7)
Within the past 5 years (3-5 years ago)	2.9	(± 1.7)
5 or more years ago	5.2	(± 2.0)
Never	0.4	(± 0.5)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 588

Your employer	40.8%	(± 4.5%)
Someone else's employer	20.0	(± 3.7)
A plan that you or someone buys on your own	8.7	(± 2.5)
Medicare	17.4	(± 3.1)
Medicaid or Medical Assistance	8.0	(± 2.5)
The military, CHAMPUS, or the VA	4.4	(± 2.0)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.8	(± 1.1)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?** n = 163

Yes	60.3%	(± 8.7%)
No	39.7	(± 8.7)

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 165

Yes	5.0%	(± 3.3%)
No	95.0	(± 3.3)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 131

Yes	30.2%	(± 9.6%)
No	30.7	(± 9.0)
Don't know/Not sure	39.1	(± 9.6)

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 165

Yes	22.2%	(± 7.2%)
No	77.8	(± 7.2)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 162

Yes	58.3%	(± 8.7%)
No	41.7	(± 8.7)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 91

Yes	12.2%	(± 7.0%)
No	87.8	(± 7.0)

Among current tobacco users:

Would you like to quit using tobacco? n = 172

Yes	65.7%	(± 8.5%)
No	34.3	(± 8.5)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 124

Yes	77.9%	(± 8.6%)
No	22.1	(± 8.6)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 102

Yes	40.6%	(± 10.7%)
No	45.1	(± 11.1)
Don't know/Not sure	14.3	(± 8.6)

Are you currently registered to vote?	n = 667	
Yes	83.5%	(± 3.2%)
No	16.5	(± 3.2)

Which of the following statements best describes the rules about smoking in your home. . .	n = 661	
No one is allowed to smoke anywhere inside your home	80.0%	(± 3.4%)
Smoking is allowed at some places or at some times	10.5	(± 2.6)
Smoking is permitted anywhere inside your home	9.6	(± 2.5)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 669	
No current smokers in household	65.9%	(± 4.2%)
1	22.0	(± 3.5)
2	10.8	(± 3.1)
3 or more	1.2	(± 1.2)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 666	
None	83.1%	(± 3.2%)
Less than 30	6.1	(± 1.9)
30 days	10.8	(± 2.7)

If it were just up to you, would you let people smoke inside your home?	n = 659	
Yes	13.6%	(± 2.9%)
No	86.4	(± 2.9)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 361	
Office	44.5%	(± 5.8%)
Store	6.9	(± 2.8)
Restaurant or Bar	8.1	(± 3.8)
Warehouse or factory	5.9	(± 2.8)
Home/Someone elses home	9.1	(± 3.2)
Outdoors	8.8	(± 3.7)
Car or truck	3.3	(± 2.1)
Classroom	4.6	(± 2.1)
Hospital	6.6	(± 2.8)
Somewhere else	2.2	(± 1.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 360	
Yes	9.5%	(± 3.8%)
No	90.5	(± 3.8)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 358

Yes	5.1%	(± 2.7%)
No	94.9	(± 2.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 357

Yes	5.8%	(± 2.9%)
No	94.2	(± 2.9)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 362

None	82.4%	(± 4.7%)
Less than one hour	9.8	(± 3.6)
One hour or more	7.8	(± 3.5)

In general, would you say that breathing secondhand smoke is. . . n = 663

Not at all annoying to you	12.7%	(± 3.1%)
A little bit annoying	11.1	(± 2.9)
Somewhat annoying	20.9	(± 3.5)
Very annoying to you	55.3	(± 4.3)

Would you say that breathing secondhand smoke is. . . n = 650

Not at all harmful	2.0%	(± 1.3%)
A little bit harmful	5.6	(± 2.3)
Somewhat harmful	23.4	(± 3.7)
Very harmful	69.0	(± 4.1)

All people should be protected from secondhand smoke. n = 633

Strongly agree	57.2%	(± 4.4%)
Somewhat agree	23.0	(± 3.8)
Somewhat disagree	11.6	(± 2.8)
Strongly disagree	8.2	(± 2.5)

All children should be protected from secondhand smoke. n = 650

Strongly agree	88.1%	(± 3.0%)
Somewhat agree	7.9	(± 2.6)
Somewhat disagree	2.0	(± 1.2)
Strongly disagree	2.0	(± 1.3)

Do you think that smoking should be completely banned in restaurants? n = 664

Yes	69.0%	(± 4.1%)
No	28.6	(± 4.0)
Don't know/Not sure	2.4	(± 1.1)

Do you think that smoking should be completely banned in bars and lounges?			n = 657
Yes	28.8%	(± 3.9%)	
No	64.0	(± 4.1)	
Don't know/Not sure	7.1	(± 2.0)	

Do you think that smoking should be completely banned in outdoor public areas where children may be present?			n = 664
Yes	49.6%	(± 4.3%)	
No	46.4	(± 4.3)	
Don't know/Not sure	4.0	(± 1.6)	

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.			n = 646
Strongly agree	57.7%	(± 4.4%)	
Somewhat agree	19.4	(± 3.4)	
Somewhat disagree	14.8	(± 3.2)	
Strongly disagree	8.1	(± 2.7)	

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.			n = 643
Strongly agree	48.1%	(± 4.4%)	
Somewhat agree	29.5	(± 4.0)	
Somewhat disagree	12.6	(± 3.0)	
Strongly disagree	9.9	(± 2.8)	

School officials should make sure that all children receive anti-tobacco education.			n = 658
Strongly agree	81.5%	(± 3.6%)	
Somewhat agree	10.5	(± 2.8)	
Somewhat disagree	3.6	(± 1.7)	
Strongly disagree	4.5	(± 2.0)	

Tobacco use by adults should not be allowed on school grounds or at any school events.			n = 659
Strongly agree	85.6%	(± 3.2%)	
Somewhat agree	9.1	(± 2.6)	
Somewhat disagree	3.5	(± 1.7)	
Strongly disagree	1.8	(± 1.2)	

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?			n = 639
Yes	50.1%	(± 4.4%)	
No	49.9	(± 4.4)	

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 343

Yes	17.4%	(± 4.4%)
No	82.6	(± 4.4)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 344

Yes	41.4%	(± 5.8%)
No	38.2	(± 5.9)
Don't know/Not sure	20.4	(± 4.7)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 145

Definitely yes	56.9%	(± 9.2%)
Probably yes	36.1	(± 9.0)
Probably no	5.1	(± 3.8)
Definitely no	1.9	(± 2.3)

There are more negative things than positive things about smoking.

n = 659

Strongly agree	89.3%	(± 2.7%)
Somewhat agree	8.5	(± 2.5)
Somewhat disagree	0.8	(± 0.7)
Strongly disagree	1.4	(± 1.0)

Smoking sometimes makes a person more attractive.

n = 653

Strongly agree	0.7%	(± 0.7%)
Somewhat agree	1.9	(± 1.3)
Somewhat disagree	6.5	(± 2.2)
Strongly disagree	90.9	(± 2.6)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 643

Strongly agree	4.7%	(± 1.7%)
Somewhat agree	4.7	(± 1.8)
Somewhat disagree	9.5	(± 2.7)
Strongly disagree	81.1	(± 3.4)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 654

Yes	19.8%	(± 3.6%)
No	80.2	(± 3.6)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 652	
Yes	11.4%	(± 2.9%)
No	88.6	(± 2.9)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 653	
Yes	21.8%	(± 3.7%)
No	78.2	(± 3.7)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 660	
Yes	11.3%	(± 3.0%)
No	88.7	(± 3.0)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 636	
Strongly agree	20.9%	(± 3.6%)
Somewhat agree	26.5	(± 3.8)
Somewhat disagree	12.7	(± 2.9)
Strongly disagree	39.8	(± 4.4)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 104	
We have talked about the dangers of tobacco use many times	73.3%	(± 10.1%)
We have had at least one conversation that I can remember	14.5	(± 8.3)
I don't remember a specific conversation, but my child knows how I feel	11.6	(± 7.5)
For now, I have not talked with my child about the dangers of tobacco use	0.6	(± 1.2)

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 104	
Yes	89.3%	(± 7.5%)
No	10.7	(± 7.5)